

evidence based guidelines

SUBSTANCE USE DISORDERS

RED FLAGS

Consider the possibility of Substance Use Disorder for patients presenting with:

Lethargy/confusion	Mental status changes
Depression/anxiety	Acute psychosis
Uncontrolled high blood pressure	Sleep disruption
Unexpected weight gain/loss	Tremors, sweating, piloerection
Unusual pupillary dilation/constriction	Abdominal cramping and diarrhea
Request(s) for early refills	Asking for specific medications by name

INITIAL MANAGEMENT

Attend to acute medical needs first:

- Administer naloxone (Narcan) for excessive sedation (many drugs are laced with fentanyl)
 - Nalmefene IV/IM/SC can be used for longer acting antagonism if needed
- Assure adequate fluids/electrolytes, nutrition (e.g. glucose, thiamine) and airway protection
- Treat withdrawal symptoms (e.g. clonidine, ondansetron, chlordiazepoxide, etc)

For Opioid Use Disorder, consider medications to help with recovery

See “Medications for Opioid Use Disorder” guideline

REFER TO RECOVERY PROGRAM

Holland Hospital Behavioral Health Services: 616-355-3926

Holland Hospital SUD Intensive Outpatient Program: 616-355-3926 (Mon-Fri 8AM-4PM)

Samaritas: 616-350-7781 [samaritas.org/Building-Communities/Substance-Use-Disorders](https://www.samaritas.org/Building-Communities/Substance-Use-Disorders)

Reach for Recovery: 616-396-5284 reachforrecovery.org/referral-form/

Arbor Circle: 616-396-2301 arborcircle.org/programs-services/substance-use-recovery-services/

Wedgwood: 616-930-5004 wedgwood.org/substance-use/

Western Michigan Comprehensive Treatment Center: 833-919-2179 [western-michigan-comprehensive-treatment-center/](https://www.western-michigan-comprehensive-treatment-center/)

PROVIDER SUPPORT

Ottawa County Community Mental Health SUD Provider Line for consult: 616 393-4424

Allegan County residents, OnPoint 269-673-0202

Kent County residents, Network 180: 1-800-749-7720

Muskegon County residents, HealthWest: 231-720-3200

SAMHSA National Helpline: 1-800-662-4357

APPROVED BY:

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Holland Physician Hospital Organization
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