

SUBSTANCE USE DISORDER REFERRAL

Red Flags:

Patient shows signs or reports:

- depression/anxiety
- uncontrolled high blood pressure,
- psychosis,
- sleep disruption,
- unexpected weight loss or gain,
- tremors,
- early refill request on prescriptions (ie: opiates, benzos, stimulants, amphetamines) or request by name

Screening Tool: CAGE AID

1. Desire to **C**ut down on drinking/drug use.
2. **A**nnoyed by criticism or questions on drinking/drug use.
3. **G**uilty about drinking/drug use?
4. **E**ye opener: do you use to steady nerves or treat hangover?

If one or more positive responses on CAGE-AID:

First, attend to medical need/treatment. Then:

- ✓ Consider **preventive Naloxone** (Narcan) by prescription, free drop-in training/distribution each Friday 1PM -4 PM Skip's Pharmacy 700 Michigan Ave Holland, or 10AM-12PM at Grand Haven Community Mental Health 1111 Fulton St #1 Grand Haven, or free Narcan by mail at www.naloxoneforall.org/michigan
- ✓ Consider **medication contract/controlled substances agreement**
- ✓ Consider **referral to Medication Assisted Treatment "MAT"** (methadone, suboxone or vivitrol provider) or other Substance Use services.

High Acuity	Rising Risk	Low Acuity
-Active withdrawal -History of overdose -History of MAT or need for MAT -Pregnancy	-Self-medicating with drugs - Use of several different drugs -H/O alcohol or other substance Misuse	-Physical withdrawal symptoms but not drug seeking -Typically adherent, but ran out of prescription early

Low Acuity/Rising Risk: Commercial insurance refer to Holland Hospital Behavioral Health Services 616-355-3926, otherwise refer to an SUD entry point below.

High Acuity: For Ottawa County residents, call Ottawa CMH provider line to consult 616 393-4424 with the following:

- | | |
|--|--|
| <input type="checkbox"/> Substances being used/suspected | <input type="checkbox"/> Mental health symptoms-if any |
| <input type="checkbox"/> Quantity and frequency of use | <input type="checkbox"/> Willingness to do SUD treatment |
| <input type="checkbox"/> Reported symptoms, problems | <input type="checkbox"/> Insurance |
| <input type="checkbox"/> Potential for withdrawal symptoms | |

SUD Entry Points for Initial Assessment –

Reach for Recovery (Adults)	Holland	616-396-5284	https://reachforrecovery.org/referral-form/
	Grand Haven	616-842-6710	
Arbor Circle (Adults)	Holland	616-396-2301	https://arborcircle.org/programs-services/substance-use-recovery-services/
	Grand Rapids	616-456-6571	
Wedgwood (Adults & Adol.)	Holland	616-930-5004	https://www.wedgwood.org/substance-use/ email referrals to SUDREFERRAL@WEDGWOOD.ORG
	Muskegon		
Samaritas (Adults & Adol.)	Holland	616-350-7781	https://www.samaritas.org/Building-Communities/Substance-Use-Disorders
	Grand Haven		

For help managing Ottawa County residents, call Ottawa CMH SUD provider line to consult: 616 393-4424

Allegan County residents- OnPoint 269-673-0202

Kent County residents- Network 180: 1-800-749-7720

Muskegon County residents- HealthWest: 231-720-3200

APPROVED BY:

Quality & Care Management Committee,
Holland Physician Hospital Organization
Approved: 01/25/2024